

## LITTLE MISSENDEN C OF E INFANT SCHOOL

# PRIMARY RELATIONSHIPS POLICY 2020

## **School Ethos**

At Little Missenden School we are committed to providing a holistic approach to education which aims to support the academic, cultural, personal and social development of all our pupils. From September 2020 statutory Relationships Education and Health Education will be part of the taught curriculum within PSHE. This is an essential part of a child's education and contributes to their personal development.

### Aims of the Relationships Policy

All state funded primary schools are required to teach Relationships education and to have a Relationships Education Policy from September 2020.

## The aim of this policy

- Provide information to staff, parents and carers, governors, pupils and other agencies regarding the organisation, content and approach to teaching Relationships Education
- Help parents and carers to understand Relationships Education and support them to work with their child to secure the very best outcomes for all pupils
- Demonstrate how the school meets legal requirements with regards to teaching Relationships Education

### **Legal Requirements**

To comply with The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, to make Relationships Education compulsory for all pupils receiving primary education. They also make Health Education compulsory in all schools except independent schools.

To comply with the 'Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance issued by the DfE (June 2019)

To comply with the requirements to have an up to date Relationships policy developed in consultation with pupils, parents and carers (Education Act 1996) and in line with the DfE statutory guidance on Relationships Education, RSE and Health Education (June 2019)

To have due regard to the Equality Act (2010) which requires schools to prevent discrimination, advance equality of opportunity and foster good relation between different groups. The protected characteristics that apply to infant school age children are disability, race and religion or belief.

To fulfil statutory safeguarding duties and ensure any safeguarding issues arising from Relationships teaching are identified and followed in accordance with the school safeguarding policy.

At Little Missenden School we don't teach Sex Education in PSHE, however we will cover 'Being Safe, an aspect of the statutory Relationships Education curriculum which includes learning related issues related to privacy and safeguarding. It is recommended children are taught the correct names of all body parts.

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## **Development of the Policy**

This policy was developed by the PSHE lead in consultation with school governors, staff, parents and pupils.

This policy links to the PSHE policy, Child Protection Policy, Anti-Bullying Policy, Equalities Policy and the School Behaviour policy.

Statutory Relationships Education is taught through the Personal, Social, Health and Economic Education (PSHE) curriculum. The personal, social, health and economic development of pupils is a vital element of education and we aim to work collaboratively with parents/carers to ensure our children are well informed and supported to make healthy, safe and positive choices in all aspects of their daily lives. We welcome parents and carers to make an appointment to come in and discuss any aspect of this policy and the provision in the school.

### **Definition of Relationships Education**

Statutory Relationships Education at Little Missenden School is taught through the PSHE curriculum and teaches pupils what they need to know by the end of Year 2 as defined by the DfE guidance (See appendix 1). Relationships Education gives pupils the information they need to help them develop healthy, nurturing relationships with other children and adults. It should enable them to know what a healthy relationship looks like, how to build and maintain happy, healthy relationships with others and recognise the importance of a range of relationships with friends, family, in school and in the wider community in which they live. Relationships Education also teaches pupils to recognise unhealthy behaviours, how to keep safe, identify potential dangers in their on and off line lives and how to report any concerns or abuse and where to access help when needed.

### The Curriculum

Intent

## Why teach Relationships Education?

Relationships Education is statutory from September 2020. High quality Relationships Education will support pupils to:

- Form and maintain positive relationships with other children and adults
- Understand the importance of positive and healthy relationships for their wellbeing
- Recognise what makes a good friendship and how to be a good friend in return
- Strategies to manage the ups and downs of friendships and relationships with others
- Show respect for others and recognise diversity within relationships, treating each other with kindness, consideration and understanding
- Develop positive character traits and personal attributes such as self-respect, kindness, honesty, integrity and resilience
- Positively engage in social action and contribute to the wellbeing of others
- Understand the principles of positive relationships also apply on line, how to keep safe and how to report concerns
- Understand the importance of recognising and establishing their own personal boundaries and privacy
- Understand and respect differences and combat all forms of bullying and discrimination

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- Recognise unhealthy relationships, inappropriate behaviour and bullying and to report concerns or abuse and are taught the appropriate vocabulary to do so (including signposting to trusted online support services such as Childline)
- Ask a trusted adult rather than go online with regards to any concerns about relationship issues and avoid viewing any inappropriate material or entering into social media conversations that could cause them harm
- Recognise intimate physical relationships are for adults

## Implementation

Relationships Education is delivered through the PSHE curriculum. These aspects of the Relationships Education, as defined by the DfE, will be taught at an age appropriate level. Further details can be found in appendix 1.

To ensure the content and delivery of Relationships Education is appropriate and relevant to our pupils we use simple baselines to ascertain what pupils already know, and find out what they would like to learn.

Distancing techniques are used to teach Relationships Education, which provides depersonalised examples which support children to explore what is being taught without sharing their own personal experiences in the lesson.

We provide an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and we teach pupils to respect difference, promote equality and challenge stigma.

Outcomes for Relationships Education are defined by the DfE and cover:

- Families and people who care for me
- Caring friendships
- Respectful friendships
- On line relationships
- Being Safe (we teach scientific names of body parts from Year 2)

Sex Education is taught as part of the PSHE curriculum in the context of Relationships Education but is not a mandated requirement.

## What We Use

We use Twinkl Life as a programme, along with the PSHE Association programme of study

Relationships Education is taught by the class teacher as part of the PHSE curriculum and each class has a designated hour lesson per week.

Delivery and content will be made accessible to all pupils including SEND through careful assessment of the children's individual needs.

The curriculum overview can be found on the school website.

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### **Managing Difficult Questions**

All aspects of PSHE are underpinned by shared and understood ground rules with lessons being delivered in a safe and well managed environment. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis. A question box is available for pupils who do not feel confident to ask questions or wish to have a separate conversation with a member of staff.

Whilst it is vital to have trust and openness we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures. We also respect that some questions are better addressed at home with parents/carers and the school will share information with parents/carers on an individual basis should the need arise.

### Impact

High quality Relationships Education will enable our pupils to:

- Enjoy healthy, happy relationships with others
- Understand how their behaviour affects others and vice versa
- Value and understand the importance of maintaining good relationships
- Make positive choices about how they cultivate and nurture friendships and relationships
- Be aware of and respect different types of relationships in accordance with the Equalities Act
- Become actively engaged young citizens who make positive contributions to their families, the school and the communities to which they belong
- Recognise unhealthy relationships and have strategies to challenge negative behaviours
- Know what to do if there are problems within relationships both on and off line, how to keep safe and where to go to seek help.

### **Confidentiality and Safeguarding**

It is a statutory responsibility of the Governing Body to ensure the school has a compliant and up to date Relationships Policy. The Governing Body are required to approve the policy and hold the Headteacher to account for its implementation.

The PSHE lead and the Headteacher are responsible for ensuring PSHE is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education.

The PSHE lead is responsible for leading and managing PSHE which includes statutory Relationships Education. Teachers are responsible for delivering PSHE.

Pupils are expected to fully engage with PSHE provision and treat others with respect.



### Monitoring, Evaluation and Training

PSHE provision will be monitored and evaluated by the PSHE lead, Headteacher and Governors in line with the monitoring cycle agreed by the school. The PSHE policy will be reviewed annually.

To ensure staff are confident to deliver all aspects of the PSHE curriculum, access to online, in school, local and national training will be made available and in accordance with the school's CPD programme for staff development.

### **Working with Parents**

It is vital that parents and carers know what is being taught and how to support their child/children. The PSHE curriculum overview is published in this document and the Relationships Policy.

Parents and carers are only entitled to withdraw their child from designated Sex Education lessons and there is no right to withdraw from PSHE which includes statutory Relationships Education and Health Education. The science curriculum also includes content on human development, including reproduction (in KS2) for which there is no right to withdraw from. We highly recommend all students receive the full PSHE curriculum.

This policy will be reviewed annually.

### Appendix 1

### DfE descriptors

https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary

### Appendix 2

The curriculum overview:

## **PSHE and Relationships Cycle A**

|             | Year 1 / 2                     |
|-------------|--------------------------------|
| Autumn Term | Aiming High                    |
|             | (Health and Well-being Y1)     |
|             | Safety First                   |
|             | (Relationships Y2)             |
| Spring Term | Be Yourself                    |
|             | (Relationships Y1)             |
|             | One World                      |
|             | (Health and well-being Y2)     |
| Summer Term | Money Matters                  |
|             | (Living in the Wider World Y1) |
|             | VIP's                          |
|             | (Living in the Wider World Y2) |



## PSHE and Relationships Cycle B

|             | Year 1 / 2                     |
|-------------|--------------------------------|
| Autumn Term | Britain                        |
|             | (Living in the Wider World Y1) |
|             | Respecting Rights              |
|             | (Living in the Wider World Y2) |
| Spring Term | In a TEAM                      |
|             | (Relationships Y1)             |
|             | Think Positive                 |
|             | (Health and well-being Y2)     |
| Summer Term | It's my Body                   |
|             | (Health and Well-being Y1)     |
|             | Growing Up                     |
|             | (Relationships Y2)             |

### Appendix 3

DfE guide for parents

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/812593/RSE\_p rimary\_schools\_guide\_for\_parents.pdf