

Little Missenden CE Infant School

Relationships Education Policy



Policy Name	Relationships Education Policy
Review Cycle	3 years
Date	Spring 2025
Review Date	Spring 2028
Person responsible	Headteacher
Headteacher	<i>M. Green</i>
Chair of Governors	<i>A. Evans</i>

'Rooted and grounded in love' Ephesians 3:17
friendship, thankfulness, honesty, forgiveness, compassion and trust





Little Missenden CE Infant School

RELATIONSHIPS EDUCATION POLICY

Spring 2025

School Ethos

At Little Missenden CE School our vision statement is, 'Rooted and Grounded in Love'. We place this vision at the centre of school life, so, consequently, our children are at the centre of all we do. Our vision emphasises the value and worth of everyone with their own distinctive character, abilities, and needs. Our belief that we should all respect and help each other provides the foundation for our school and everything we aim to achieve. Our work is motivated and inspired by our core values which are Friendship, Thankfulness, Honesty, Forgiveness, Compassion and Trust.

At Little Missenden School we are committed to providing a holistic approach to education which aims to support the academic, cultural, personal and social development of all our pupils. We believe that Relationships Education and Health Education are an essential part of a child's education and contributes to their personal development.

Aims of the Relationships Education Policy

- Provide information to staff, parents and carers, governors, pupils and other agencies regarding the organisation, content and approach to teaching Relationships Education
- Help parents and carers to understand Relationships Education and support them to work with their child to secure the very best outcomes for all pupils
- Demonstrate how the school meets legal requirements with regards to teaching Relationships Education

Legal Requirements

To comply with The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations, published 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, to make Relationships Education compulsory for all pupils receiving primary education. They also make Health Education compulsory in all schools except independent schools.

To comply with the 'Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance issued by the DfE, published June 2019 and updated September 2021.

To comply with the requirements to have an up to date Relationships Education policy developed in consultation with pupils, parents and carers (Education Act 1996) and in

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line with the DfE statutory guidance on Relationships Education, RSE and Health Education (June 2019, updated September 2021).

To have due regard to the Equality Act (2010) which requires schools to prevent discrimination, advance equality of opportunity and foster good relation between different groups. The protected characteristics that apply to infant school age children are disability, race and religion or belief.

To fulfil statutory safeguarding duties and ensure any safeguarding issues arising from Relationships teaching are identified and followed in accordance with the school safeguarding policy.

At Little Missenden School we don't teach Sex Education in PSHE, however we will cover 'Being Safe', an aspect of the statutory Relationships Education curriculum which includes learning related issues related to privacy and safeguarding. It is recommended children are taught the correct names of all body parts (see appendix 3)

Development of the Policy

This policy was developed by the school curriculum coordination team in consultation with school governors, staff, parents and pupils.

This policy links to the PSHE policy, Child Protection Policy, Anti-Bullying Policy, Equality and Cohesion Policy and the School Behaviour Policy.

Statutory Relationships Education is taught through the Personal, Social, Health and Economic Education (PSHE) curriculum. The personal, social, health and economic development of pupils is a vital element of education and we aim to work collaboratively with parents/carers to ensure our children are well informed and supported to make healthy, safe and positive choices in all aspects of their daily lives. We welcome parents and carers to make an appointment to come in and discuss any aspect of this policy and the provision in the school.

Definition of Relationships Education

Statutory Relationships Education at Little Missenden School is taught through the PSHE curriculum and teaches pupils what they need to know by the end of Year 2 as defined by the DfE guidance (See appendix 1). Relationships Education gives pupils the information they need to help them develop healthy, nurturing relationships with other children and adults. It should enable them to know what a healthy relationship looks like, how to build and maintain happy, healthy relationships with others and recognise the importance of a range of relationships with friends, family, in school and in the wider community in which they live. Relationships Education also teaches pupils to recognise unhealthy behaviours, how to keep safe, identify potential dangers in their own and off line lives and how to report any concerns or abuse and where to access help when needed.

The Curriculum

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Intent

Why teach Relationships Education?

Relationships Education was statutory from September 2020. High quality Relationships Education will support pupils to:

- Form and maintain positive relationships with other children and adults
- Understand the importance of positive and healthy relationships for their wellbeing
- Recognise what makes a good friendship and how to be a good friend in return
- Strategies to manage the ups and downs of friendships and relationships with others
- Show respect for others and recognise diversity within relationships, treating each other with kindness, consideration and understanding
- Develop positive character traits and personal attributes such as self-respect, kindness, honesty, integrity and resilience
- Positively engage in social action and contribute to the wellbeing of others
- Understand the principles of positive relationships also apply on line, how to keep safe and how to report concerns
- Understand the importance of recognising and establishing their own personal boundaries and privacy
- Understand and respect differences and combat all forms of bullying and discrimination
- Recognise unhealthy relationships, inappropriate behaviour and bullying and to report concerns or abuse and are taught the appropriate vocabulary to do so (including signposting to trusted online support services such as Childline)
- Ask a trusted adult rather than go online with regards to any concerns about relationship issues and avoid viewing any inappropriate material or entering into social media conversations that could cause them harm
- Recognise intimate physical relationships are for adults

Implementation

Relationships Education is delivered through the PSHE curriculum. These aspects of the Relationships Education, as defined by the DfE, will be taught at an age appropriate level. Further details can be found in appendix 1.

To ensure the content and delivery of Relationships Education is appropriate and relevant to our pupils we use simple baselines to ascertain what pupils already know, and find out what they would like to learn.

Distancing techniques are used to teach Relationships Education, which provides depersonalised examples which support children to explore what is being taught without sharing their own personal experiences in the lesson.

We provide an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and we teach pupils to respect difference, promote equality and challenge stigma.

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Outcomes for Relationships Education are defined by the DfE and cover:

- Families and people who care for me
- Caring friendships
- Respectful friendships
- On line relationships
- Being Safe (we teach scientific names of body parts from Year 2)

Sex Education is taught as part of the PSHE curriculum in the context of Relationships Education but is not a mandated requirement.

Planning

At Little Missenden School we use Twinkl as part of our provision with continuous training and guidance from the PSHE Association.

Relationships Education is taught by the class teacher as part of the PHSE curriculum. We provide a spiral curriculum to ensure pupils are taught key aspects of PSHE and Relationships at a relevant age and appropriate level and in line with their continuing personal, social and emotional development.

Delivery and content will be made accessible to all pupils including those with SEND through careful assessment of the children's individual needs.

The PSHE and Relationships curriculum overview can be found on the school website (see appendix 2)

Managing Difficult Questions

All aspects of PSHE and Relationships are underpinned by shared and understood ground rules with lessons being delivered in a safe and well managed environment. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis.

Whilst it is vital to have trust and openness we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures. We also respect that some questions are better addressed at home with parents/carers and the school will share information with parents/carers on an individual basis should the need arise.

Impact

High quality Relationships Education will enable our pupils to:

- Enjoy healthy, happy relationships with others
- Understand how their behaviour affects others and vice versa
- Value and understand the importance of maintaining good relationships

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- Make positive choices about how they cultivate and nurture friendships and relationships
- Be aware of and respect different types of relationships in accordance with the Equalities Act
- Become actively engaged young citizens who make positive contributions to their families, the school and the communities to which they belong
- Recognise unhealthy relationships and have strategies to challenge negative behaviours
- Know what to do if there are problems within relationships both on and off line, how to keep safe and where to go to seek help.

Confidentiality and Safeguarding

It is a statutory responsibility of the Governing Body to ensure the school has a compliant and up to date Relationships Education Policy. The Governing Body are required to approve the policy and hold the Headteacher to account for its implementation.

The Curriculum Coordination team and the Headteacher are responsible for ensuring PSHE and Relationships Education is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education.

The Curriculum Coordination team is responsible for leading and managing PSHE which includes statutory Relationships Education. Teachers are responsible for delivering PSHE and Relationships Education.

Pupils are expected to fully engage with PSHE and Relationships Education provision and treat others with respect.

Monitoring, Reporting and Assessment

PSHE and Relationships Education provision will be monitored and evaluated by the Curriculum Coordination team, Headteacher and Governors in line with the monitoring cycle agreed by the school. The Policy will be reviewed annually.

Implementation through Professional Development and Training

To ensure staff are confident to deliver all aspects of the curriculum, access to online, in school, local and national training will be made available and in accordance with the school's CPD programme for staff development

Working with Parents

It is vital that parents and carers know what is being taught and how to support their child/children. The PSHE and Relationships Education curriculum overview is published on the school website.

We have an open-door policy for any parents/carers who wish to find out more about our PSHE and Relationships Education provision. We consult with parents, carers and the wider community through parent sessions to provide an ongoing process to ensure we all work together for the greatest benefit of the children. We understand that parents and

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carers may wish to approach the school to access help with concerns they may have about their child and where they can go to obtain further support.

Parents and carers are only entitled to withdraw their child from designated Sex Education lessons and there is no right to withdraw from PSHE which includes statutory Relationships Education and Health Education. The science curriculum also includes content on human development, including reproduction (in KS2) for which there is no right to withdraw from. We highly recommend all students receive the full PSHE curriculum.

Links to other relevant policies

- Behaviour
- Anti-bullying
- Children Protection
- Online safety
- SEND inclusion
- PSHE Policy

Relationships Education Policy review date

This policy has been consulted on with parents and Governors at relevant meetings. This policy will be reviewed in September 2025

Appendix 1

DfE guidance on Relationships Education, Health Education and Sex Education

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

Appendix 2

PSHE and Relationships curriculum overview link:

<https://www.littlemissendenschool.co.uk/page/?title=PSHE&pid=111>

Appendix 3

Key vocabulary

Correct scientific body part names:

Forehead, shoulder, elbow, waist, thigh, testicles, penis, vulva, ankle.

